

# The Albion Ragg



### Inside this issue:

Feature Recipes	2
Spring Gift Ideas	3
Ridge Meadows Quilters' Raffle	3
Spring Festival Specials	4
Bruce's Country Market Products and News	5
Bruce's Salmon BBQ!	6

## 5th Annual Spring Festival and Bruce's Country Market's 61st Anniversary!

**Saturday and Sunday  
May 9th and 10th, 10am-5pm**

\*Seafood Extravaganza!

\*Salmon Dinner \$6.00!

\*Salmon Burger and Salad \$6.00!

\*Hanging Basket and Gardening Spectacular!

\*Bruce's 89th Birthday!

\*Free Cake and Level Ground Coffee!

\*Local Entertainment!

\*Free Draws!



\*\* While quantities last.\*\*

### Bruce's is a **WILD** Place for Salmon!

All our salmon products at Bruce's Country Market are from Wild Salmon!

## Seafood Specials!!!

• Black Tiger Prawns **\$6.99 lb!**

(Reg. \$9.99)

• Frozen Wild **Sockeye** Salmon Fillets

**\$10.00 each!**

Salmon fillets are vacuum-packed.

**May 9th and 10th only. While quantities last.**

## Feature Recipes

### Smoked Salmon Breakfast Bake

#### **Ingredients**

- 1 tbsp. butter
- 1 red onion, sliced thin
- 8 large eggs, beaten
- 2 tbsp. whole capers
- ¼ c. chopped fresh dill
- 1 ½ c. shredded Mozzarella cheese
- ½ tsp. salt, or to taste
- ¼ tsp. fresh ground black pepper
- ¼ lb fresh smoked salmon

*\*\*Make it a Mother's Day breakfast!\*\**



#### **Method**

- Preheat oven to 350F.
- Heat the butter in a frying pan over medium heat. Add the sliced onions and cook, stirring, until the onions soften, about 5 minutes. Remove from heat.
- In a large bowl, combine eggs, capers, dill, cheese, salt and pepper. Lightly butter a round 9 1/2-inch pie pan. Add the onions and spread evenly. Scatter half the smoked salmon over the onions. Pour in the egg mixture. Top with the remaining smoked salmon, poking it down lightly so that some of the egg covers it.
- Bake about 30 minutes or until eggs have set. Let cool 15 minutes before serving.

*Makes 6 slices.*

### Mother's Day Lemon-Raspberry Muffins

#### **Ingredients**

- 1 lemon
- ½ c. sugar
- 1 c. buttermilk
- 1/3 c. canola oil
- 1 large egg
- 1 tsp. vanilla extract
- 1 c. whole wheat flour
- 1 c. all purpose flour
- 2 tsp. baking powder
- 1 tsp. baking soda
- ¼ tsp. salt
- 1 ½ c. fresh or frozen (not thawed) raspberries



#### **Method**

- Preheat oven to 400F. Grease muffin tin.
- Use a vegetable peeler to remove zest from lemon in long strips. Combine zest and sugar in a food processor; pulse until the zest is very finely chopped into sugar. Add buttermilk, oil, egg and vanilla and pulse until blended.
- Combine flours, baking powder, baking soda and salt into a large bowl. Add buttermilk mixture and fold until almost blended. Gently fold in raspberries. Divide batter among muffin cups.
- Bake muffins until edges and tops are golden, 20 to 25 minutes. Let cool 5 minutes before turning onto wire rack. Serve warm.

*\*\*Enjoy the muffins warm right out of the oven!\*\**

*Makes 1 dozen large muffins.*

## Spring Gift Ideas

**Bruce's has beautiful gifts for gardeners of all ages!**



- Bright and fun boots for pint size gardeners. Come and see "Bella Butterfly", "Augie Alligator", and "Verdie Chameleon"!!
- Matching totes and garden sets also available.
- Watering cans for your wee helper. Elephants, snails, poodles, pigs, and tea-pots in blue pink and green.



- Beautiful and useful garden theme gifts from "Nature's Garden Seed Company", including window gardens, cards, soap and lotion sets.



### **Mother's Day Gift ideas**

We have a wide variety of great gift ideas for Mom! Check out our selection of *photo frames, mugs, purses, wallets, purse holders, Chic Sacs, key chains* and more!

#### **Garden Extravaganza!**

Start your garden off right this year with **Organic Soil**.

**Canadian Organic Worm Soil** 32 L

**Buy 1 get 1 free!** Reg. \$5.99 each. May 9th and 10th only.

#### **Hanging Baskets!**

Bring Mom to Bruce's Country Market and buy her a fabulous hanging basket! **The first 25 customers after 10am Saturday May 9th to purchase a hanging basket will receive a free gift!**



### **Ridge Meadows Quilters' Guild Raffle!**

Ridge Meadows Quilters Guild presents "*Homestead Harvest*" in wool, approx. 52" square. Raffle tickets will be available at the Spring Festival at \$1/per ticket, with proceeds being donated to *Cythera House Women's Shelter*. Thank you for your support!

## **Spring Festival Specials!\***

### **Mother's Day Brunch**



Treat a mother to Bruce's special  
brunch!

**Delicious waffles** served with  
**fresh bananas**  
and **strawberries**, your choice of  
**sausage**  
or **ham**, and **tea** or **coffee**: only  
**\$7.99!**



### **Fresh Bakery Special!**

**Apple, Cherry and Strawberry Rhubarb Pies only 2/\$7.00!**

*May 9th and 10th only*

### **Seafood Specials!\***

**\*Black Tiger Prawns**  
**\$6.99/lb!**

Regular \$9.99/lb. 31/40s

**\*Wild Sockeye Fillet**  
*frozen and vacuum -packed:*  
**\$10.00 each!**

**\*Grandma's Salmon BBQ Sauce**  
only **\$5.99!**

Available only on the BBQ weekend.

**\*Salmon Pate \$4.99 each!**

Made by Bruce's Country Market

**\*Bruce's Famous  
Salmon Chowder  
Only \$6.99! 32 oz.**

*\*Saturday, May 9th and Sunday, May 10th only.  
While quantities last.*

## Bruce's Country Market



### New! Island Farms Products

*"Every Drop Delicious!"* Bruce's Country Market is now carrying *Island Farms* milk, yogurts and ice cream products. Watch for specials! Everyday price of **4 litre milk: \$5.29!**

### Level Ground Coffee

*Level Ground Trading* is a certified fair trade organization committed to setting up health and dental care, and education in needy communities. Based in Victoria, *Level Ground* prides itself in having a zero waste production facility, and offers green commute subsidies and 13 streams of recycling. Find *Level Ground Coffee* at Bruce's Country Market in bean, ground, and bulk.



***Level Ground Trading is supplying Bruce's Spring Festival with coffee for everyone!***

### New! Bruce's Seafood and Pasta Night

**Every Thursday evening from 5-8pm** Bruce's is serving a **top quality Seafood and Pasta plate!** For **only \$12.99** you will be served pasta with Eastern Scallops and Prawns, topped with a creamy Alfredo Sauce, and complemented with a Caesar Salad and Garlic Toast. Coffee and Tea is included. A dessert special is also available. Reserve ahead of time by phone or at front cash! These dinners are very popular and sell out quickly. Take-home dinner is also available!

Don't forget **Bruce's Prime Rib Night! Every Friday night from 5-8pm** Bruce's serves a top quality Prime Rib Dinner served with a Beef Rib, Potatoes, Gravy and Vegetables. Coffee and Tea included, for **only \$12.99!**

### Family News!

Ryan and Leona McEachern are thrilled to introduce Madelaine Dawn to everyone! Madelaine was born February 8th, 2009, weighing 7 lb 11 oz. She is a new sister for Nolan and Eva, a 5th grandchild for Darrel and Kathleen McEachern, an 11th grandchild for Ralph and Elizabeth McDonald of Chase, and an 11th great-grandchild for Bruce and Elnora McEachern!



And there's more...

Aubrey and Jennifer Moore are eagerly anticipating the arrival of their new baby in May. This little bundle will be a new sibling for Avery and Alexa, a 6th grandchild for John and Glenna Murray, a 13th great-grandchild for Douglas and Edna Murray of New Brunswick and a 12th great-grandchild for Bruce and Elnora McEachern!



## Bruce's Country Market

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**Friendly Country Service  
Since 1948**

All prices and products featured are subject to change and while quantities last.

## The Story of Bruce's Country Market

- Bruce's Market was opened on April 2, 1948 by Bruce and Elnora McEachern, and is still owned and operated by the McEachern family.
- We have been commercial fishermen for 4 generations and now operate a fleet of salmon gillnet boats, a processing plant, and our own smokehouses.
- Bruce's Country Market is our retail outlet for fresh salmon from our fish boats and smoked salmon from our smokehouses. We guarantee freshness, quality and flavor with every purchase.
- As well as our fish department, Bruce's Country Market has a beautiful produce department, a delightful gift section, a large deli, and a wide variety of grocery items.

## Bruce's Salmon Dinner At Our Spring Festival!



Come and bring your friends to enjoy Bruce's Sockeye Salmon Dinner Saturday May 9th, and Sunday May 10th. Enjoy a salmon fillet and a bun, or a salmon burger, and Bruce's own coleslaw for only \$6.00. The day is filled with local entertainment, hourly free draws, samples, sales and fun! Don't miss out!



### **Support Becky's "Ride to Conquer Cancer"**

On Saturday, May 9th, come buy Becky's handmade goodies and donate to the BC Cancer Foundation. We really appreciate your help! Even your change in our donation jar will really add up! [www.conquercancer.ca](http://www.conquercancer.ca)



**RAIN OR SHINE, COME AND JOIN THE FUN!**

