

The Albion Ragg



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7th Annual Spring Festival and Bruce's Country Market's 63rd Anniversary!

Saturday and Sunday
May 7th and 8th, 10am-5pm

*Seafood Extravaganza!

*Salmon Dinner \$6.00!

*Salmon Burger and Salad \$6.00!

*Biggest Red Tag Sale Ever!

*Hanging Basket and Gardening Spectacular!

*Free Cake and Coffee!

*Local Entertainment!

*Free Draws!



Bruce's is a
WILD Place
for Salmon!

All our salmon
products at
Bruce's Country
Market are from
Wild Salmon!

Seafood Specials!!!

- Black Tiger Prawns \$6.99 lb!*
- Frozen Wild Sockeye Salmon Fillets \$9 ea.!*
- Fresh Halibut!

*Restrictions apply. See page 5 for details.
May 7th and 8th only. While quantities last.

Feature Recipes

Sesame Crusted Wild Salmon

Ingredients

- 1 salmon fillet (1lb) divided into 6
- 4 Tbsp. sesame seeds
- 1 Tbsp. sesame oil
- 1 red onion, sliced
- 1/2 tsp. salt
- 1/3 tsp. pepper
- 3 Tbsp. ginger, minced
- 1 Tbsp. butter
- 3 Tbsp. rice vinegar
- 1 c. heavy cream

Serves 6

Method

- Pre heat oven to 450 degrees.
- Toast the sesame seeds in the oven for 5 minutes or when browned.
- Rub the top of the salmon with sesame oil and sprinkle to taste with salt and pepper.
- Dip the tops of the salmon in the toasted seeds. Place salmon in lightly buttered baking dish. Put in oven for 10-15 minutes or until salmon flakes with a fork.
- Once the salmon is baking melt the butter on med high heat and saute the onion and ginger in the butter for about 5 minutes.
- Salt and pepper the mixture, then add rice vinegar until it evaporate (a few minutes).
- Stir in the cream and boil gently for 2 minutes.
- Spoon mixture evenly onto 6 plates and top with salmon. Serve with rice and vegetables.



Mother's Day Smoothie

Ingredients

- 1 c. ice
- 1/2 c. frozen orange juice concentrate
- 1 c. vanilla soy milk or regular milk
- 1 medium banana
- 1/2 c. vanilla yogurt
- 1 Tbsp. honey

Method

- Place the ice in the bottom of a blender.
- Add remaining ingredients. Puree until smooth. Serve immediately.



Mother's Day Gift Ideas

Bruce's has beautiful gifts for your mother or grandmother!



Mother's Day Cards by Leanin' Tree
Beautiful and touching cards for your mother or grandmother!

Pottery By Becky
Each piece of pottery is a unique, hand-thrown and -decorated work of art created a stone's throw from Bruce's! Mugs, bowls, plates and more.



Lavishy Wallets
Bright colors and whimsical designs. Just what Mom wants and needs!

M.O.M Stationary
(Most Outstanding Mom!)

Bruce's carries a good selection of indoor and outdoor plants and cut flowers, to natural candles and attractive aprons. Come check us out!

Garden Extravaganza!

Start your garden off right this year
with Organic Sea Soil.

Original Sea Soil 32 L

25% off!*

*May 7th and 8th only.

Hanging Baskets!

Bring Mom to Bruce's Country Market and buy her a fabulous hanging basket! We have gorgeous, locally-made moss baskets, fuchsia baskets and mixed baskets. The first 25 customers after 10am Saturday, May 7th to purchase a hanging basket will receive a free gift!

New! Gourmet Ice Cream Cakes



We now carry Sara's Ice Cream Cakes made in Vancouver! These gourmet cakes are made with the highest quality ingredients including 12% cream! They are 8 inch cakes, with 8 servings per cake. Try black raspberry cheesecake and mocha almond fudge!

\$15.99 each.

Spring Festival Specials!*

Mother's Day Brunch



On Saturday and Sunday we will be serving breakfast until 4pm!

Treat a mother to Bruce's brunch!

We have a good selection of delicious breakfasts to suit your tastes. From ham and eggs to fruit and toast we've got your breakfast covered!



Fresh Baked Pies

only

\$4.99 each or 2/\$7.50!



Fresh Baked Grainery Bread \$1.99 each!

May 7th and 8th only

750 ml Sparkling Lemonade

Made in France

Buy 1 Get 1 Free!

Reg. \$5.99 ea.

****Frozen Salmon Burgers****

****Grandma's Sauce by the bottle****

****Our own Salmon Pate****

****To Go Containers of Salmon Chowder****

All available at Extra Low prices
during Spring Festival Weekend ONLY!

Salmon BBQ Specials!

Sign Up For BCM Email Newsletter and receive:



***Black Tiger Prawns**
\$6.99/lb!*

Regular Spring Festival sale price:
\$8.99/lb. 31/40s



***Wild Sockeye Fillets**
frozen and vacuum-packed:
\$9 each!

Regular Spring Festival sale price: \$10 each.

Our BCM email newsletter is full of savings, exclusive monthly coupons, new products, and recipe links.

*Saturday, May 7th and Sunday, May 8th only.
While quantities last.

Must sign up at front cash at point of purchase to receive discount.
If you are already a recipient please present your coupon at front cash at point of purchase.

Bruce's New Wild Salmon Dinner

Our "wildly" popular baked salmon dinner has been such a hit we have sold out regularly! Delicious, Ocean Wise, wild sockeye fillet, served with a baked potato and fixings, broccoli-slaw, coffee or tea and homemade apple crisp with ice cream

for dessert for only

\$12.99!

Served every Sunday from 4pm to 7pm.

Reserve ahead of time to guarantee your dinner.

Available to eat in or take out.



Bruce's Country Market

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Friendly Country Service
Since 1948

All prices and products featured are subject to change and while quantities last.

The Story of Bruce's Country Market

- Bruce's Market was opened on April 2, 1948 by Bruce and Elnora McEachern, and is still owned and operated by the McEachern family.
- We have been commercial fishermen for 4 generations and now operate a fleet of salmon gillnet boats, a processing plant, and our own smokehouses.
- Bruce's Country Market is our retail outlet for fresh salmon from our fish boats and smoked salmon from our smokehouses. We guarantee freshness, quality and flavor with every purchase.
- As well as our fish department, Bruce's Country Market has a beautiful produce department, a delightful gift section, a large deli, and a wide variety of grocery items.

Bruce's Salmon Dinner At Our Spring Festival!



Come and bring your friends to enjoy Bruce's Sockeye Salmon Dinner Saturday May 7th, and Sunday May 8th. Enjoy a salmon fillet and rice, or a salmon burger, and Bruce's own coleslaw for only \$6.00. The day is filled with local entertainment, hourly free draws, samples, sales and fun! Don't miss out!



Biggest Red Tag Sale Ever!

All items under the tent will be reduced to clear. Find great gift ideas for Mother's Day, Father's Day, Teachers, Graduation, or yourself!! Fantastic T-shirts from \$5 and much more. High quality gifts at rock bottom prices!

RAIN OR SHINE, COME AND JOIN THE FUN!

