

The Albion Ragg



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Come to Bruce's Annual Spring Festival!



**10-5 Saturday, May 13th
12-5 Sunday, May 14th**

Seafood Extravaganza!

Salmon Dinner \$6.00!

Hanging Basket and Gardening Spectacular!

Sampling and Demos by Featured Suppliers!

Bruce's 86th Birthday!

Bruce's Country Market's 58th Anniversary!

Free Cake and *Salt Spring Island* Coffee!

Red Tag Table Sale!

Free Draws!



**Bruce's is a
WILD Place
for BC
Salmon!**

All our salmon products at Bruce's Country Market are from Wild BC Salmon!



Bruce's Seafood Extravaganza!

Take in the amazing seafood specials at our Spring Festival!

May 13th and 14th

Halibut Fillets \$8.99 lb!!

For 2 days only.

Look for more seafood specials on page 3.

While quantities last.



Feature Recipes

Walnut Stuffed Salmon

Directions

In large non-stick skillet, heat oil over medium heat. Add onions; cook until tender but not browned, about 5 minutes. Stir in garlic, spinach, salt and pepper and cook just until spinach starts to wilt, about 3 minutes. Remove from heat.

Add cooked rice to spinach and stir in lemon zest until well combined.

Spread spinach mixture evenly over salmon and sprinkle with cheese and walnuts. Roll up gently using toothpicks to secure.

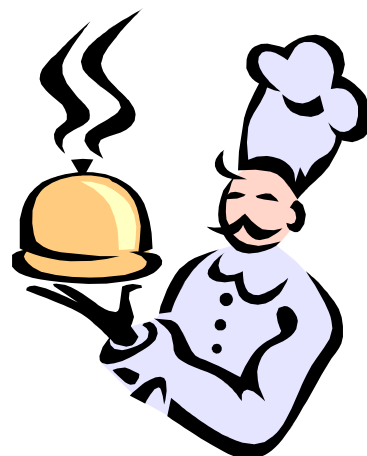
Place salmon on a foil-lined rimmed baking sheet and bake in 375F oven until fish is cooked through, about 15-20 minutes.

Transfer to cutting board and let rest 10 minutes before slicing. Serve with steamed seasonal vegetables or green salad.

Makes 4 servings

Ingredients

2 tsp olive oil
1/4 cup minced onion
1 clove garlic, minced
4 cups chopped spinach
1/2 tsp each, salt and pepper
1 cup cooked brown rice
2 tsp lemon zest
1/4 cup shredded old Cheddar cheese
1/2 cup chopped organic walnuts
1 lb. salmon fillet, skinned and pin bones removed.



Strawberry-Rhubarb Pie

Directions

Combine sugar, flour, salt and cinnamon. Add fruit, mixing well; let stand 20 minutes. Spoon into 9-inch pastry-lined pie plate; dot with butter. Moisten edge; adjust top crust. Flute edge. Bake at 400F about 40-45 minutes.

1 1/2 cup
1/4 cup
1/4 tsp.
1/4 tsp.
3 cup
1 cup
Pastry
1 Tbsp.

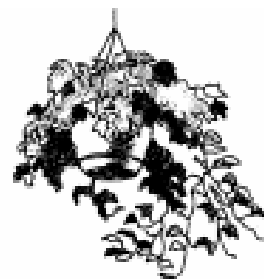
Ingredients

sugar
all purpose flour
salt
cinnamon
rhubarb, 1/2-inch pieces
strawberries, sliced
for double crust 9-inch pie.
butter

Mother's Day is Here!

Hanging Baskets!

Every Mother loves hanging baskets and Bruce's has a wide variety of baskets this year. Bring Mom to Bruce's Country Market on Saturday and Sunday, May 13th-14th, treat her to a salmon lunch and buy her a fantastic **hanging basket** starting at \$9.99!



Kids! Make a Special Mother's Day Present!

Kids, come to our Spring Festival and make a Mother's Day Planter for Mom and/or Grandma! For \$9.99 each child can make a wooden planter and fill it with soil and plants. Don Thomson from "I Can Build It" Woodworking Kits will be here to guide the children in assembling and filling their planter. Limit: 2 per child. Children must be accompanied by an adult.



****Don't forget that we have BALLOONS for the kids too!****

The Hummingbirds are Here!

Bruce's has 2 styles of hummingbird feeders available this year. It's so much fun to watch these tiny wonders in your garden. There is always controversy about what to feed them. Some of our readers recommended a great webpage for information on feeding. Please check out www.wildaboutgardening.org by the Canadian Wildlife Federation. Enjoy!

Seafood Specials—May 13th and 14th Only!

Prawns 31/40s \$6.99 lb.	Wild BC Sockeye Fillets \$10.00 ea. Vaccuum-packed and frozen. Stock up for your BBQ now!	Basa Fillets \$6.99 lb.
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Case lot Sale on Bruce's Own Wild Canned Salmon!

-1/4 lb. Canned **Smoked Wild Pink Salmon. \$99.00/cs.** Reg. \$140.00/cs.

-1/4 lb. Canned **Smoked Wild Sockeye Salmon. \$149.00/cs.** Reg. \$190.00/cs.

48 cans/case.



Ridge Meadows Quilters' Guild Raffle!

Come to Bruce's Country Market's Spring Festival on Saturday, May 13th! Raffle tickets for this beautiful queen-sized quilt sell for only \$1.00. The donation recipient will be "Ridge Meadows Hospice Society". The draw date for "TUMBLING TULIPS" is 3:00 pm Sunday, July 23rd, 2006 at Ridge Meadows Fair.

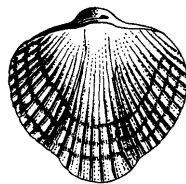
So many wonderful gift ideas for Mom in our Gift Department!

Mesmerize Jewelry: you have become familiar with the amazing colorful crystal brooches from this company. They have now expanded to include beautiful *necklaces, bracelets, and earrings*. Starting at \$8.95.

Glazed Planting Pots: Just arrived! Colorful and useful pots of varied sizes for indoor/outdoor use. These are displayed outside the store. Look for the Large Buddha heads to place among your décor. \$20.00 and up.

Avalon Beeswax Candles: New candles now in stock! Did you know that "beeswax is the only fuel known scientifically to mankind to emit *negative ions* when burning"? The *positive* side to this is that they balance our home environment! *Negative ions* bind with anything floating in the air of your house such as dust, pollen, toxic residues and germs because they are positively charged! The union makes them heavy and they fall to the ground. Wow! Nature is at work once again. These candles smell wonderful and burn for a long time. T-lites start at \$1.10.

New Gift themes: *Oriental, Seaside, Birds* and more. **Come and see!**



Strawberry Shortcake Table!

Look for our outdoor “Strawberry Shortcake Table” featuring specials on all the makings for Mom’s favorite dessert.



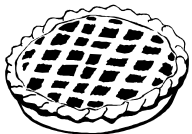
Strawberries \$1.99/lb

Fruit cups and Whipping Cream on special too!

May 13th and 14th only

Special Desserts at Bruce’s!

Handmade Apple Strudels are back at Bruce’s every Friday and Saturday! We also have handmade Deep Dish Blueberry and Apple Pies. Mmmm...



Freshly-Baked Pies only \$3.49 each. Apple and Raspberry-Rhubarb! Reg. \$4.99.



New Items for Spring in our Pastry Case:

Mandarin Orange Tart with a chocolate crust. You will love this chocolate and orange pairing!

Caramel Apple Bars. Delicious!

Lemon Mousse Tea Tart. A sweet dough crust sealed with white chocolate, a layer of lemon curd, and filled with lemon mousse. This treat is garnished with white chocolate shavings and candied lemon peel!

Come Early and Win a Free Gift!!

The first 25 people to purchase a **Hanging Basket** on Saturday, May 13th (after 10 am) will win a Free Gift from Bruce’s Country Market. Come at 10 am and join in the fun and specials! Some items at Rock-Bottom prices may sell out by NOON!

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www.bruces.ca

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Friendly Country Service
Since 1948

All prices and products featured are subject to change and while quantities last.

The Story of Bruce's Country Market

- Bruce's Market was opened on April 2, 1948 by Bruce and Elnora McEachern, and is still owned and operated by the McEachern family.
- We have been commercial fishermen for 4 generations and now operate a fleet of salmon gillnet boats, a processing plant, and our own smokehouses.
- Bruce's Country Market is our retail outlet for fresh salmon from our fish boats and smoked salmon from our smokehouses. We guarantee freshness, quality and flavor with every purchase.
- As well as our fish department, Bruce's Country Market has a beautiful produce department, a delightful gift section, a large deli, and a wide variety of grocery items.

2006 Commercial Heritage Award Winner: Bruce's Country Market!!

Bruce's Country Market was awarded the 2006 Commercial Heritage Award by the Maple Ridge Community Heritage Commission! The award is honored at Bruce's Country Market with a plaque placed in the Seafood Department. The plaque says:

"Bruce and Elnora McEachern began a modest store that served the Albion area in 1948. They and their family served their customers, and the fishing community of Albion that provided their growing provision of fresh fish. In those early days, they offered delivery service to many local people who had no transportation. When they opened their new building in 1996, now called Bruce's Country Market, they designed an attractive gathering place which soon became an unofficial community centre for their area. In order to educate the public about the fishing boats that have been so important to Albion, Bruce McEachern set up "Easthope Museum" on the store grounds, in tribute to the engines that once powered the fleet of small working boats."

Thank you very much, Maple Ridge, for honoring us with this award! It's been our privilege to service our community for 58 years.

